

Another Parnes Family Recipe

Ida's Delicious Charoses

This mixture of apples, nuts, wine and spices symbolizes the mortar the Israelites used to make bricks for the Pharaoh's pyramids. It is served with bitter herbs as a reminder of the time of slavery.

1-cup walnuts, shelled
2 apples, peeled and cored
½ cup sweet red wine
1 tsp. ground ginger
1 tsp. ground cinnamon
2 Tbs. Honey

Chop the walnuts and apples together. Add wine, ginger, cinnamon and honey. Toss well. Serves 4.

From the recipe file of Daria Parnes